



# Nothing But Net

## RULES AND REGULATIONS (2/7/08)

Nothing But Net is a non-profit organization offering youth basketball leagues in the Huntersville area during the spring and fall seasons each year.

Nothing But Net is cosponsored by the Huntersville Parks and Recreation Department, which will give us priority access to local gym space for conducting practices and games.

Our goal in Nothing But Net is to provide an opportunity for the kids that don't typically participate in any other youth sports in the spring or fall to have the opportunity to play basketball prior to or continue playing following the conclusion of the HYAA Winter season. Additionally, it is our intent to teach the players in our league the basic fundamentals of basketball, teamwork and good sportsmanship, which we believe will help in their ongoing childhood development.

**PARTICIPANTS** NBN participants will include players between the ages of 6-18. All leagues will be "co-ed" unless otherwise stated prior to the beginning of each league season.

**TEAMS** NBN teams will be formed by a "draft" in order to keep teams as even as possible. No group or coach may form his/her own team to compete in the league(s).

**ANNUAL SCHEDULE** NBN will provide an annual Fall league beginning the first week of September of each year, and a Spring league beginning the Last week of March each year. A "skills" day will be held approximately two weeks prior to start of each season.

**PLAYER/PARTICIPANT LEAGUE EXPECTATIONS** NBN expects every player in our league to conduct themselves in a mature manner at all times while in an NBN gym or on the properties which that gym resides. This includes the basketball court, scorers table, bench, bleachers, outside grounds and parking lot.

This applies to both practice sessions and games.

The following actions will not be allowed or tolerated by any NBN player or participant - constant harassment of a referee, league officials, coaches or players, foul language, unnecessary hard fouls or removal of uniform during a game.

Such actions will result in a player or team receiving a TECHNICAL FOUL and will constitute a two shot penalty.

Any player receiving (2) technical fouls in a single game will be ejected from the remainder of that game and will be asked to leave the gym immediately.

Additionally, that player will receive a (1) game suspension from his or her next scheduled game.

Any player assaulting a player, referee, coach or league official will be suspended for the remainder of the season and banned from any future NBN events.

Any player ejected from (2) games during a single season will be suspended for the remainder of that season and can be permanently banned from NBN.

**PLAYING TIME** All players in each age division must play in at least two full quarters of each game and must appear in both halves of that game.

No player may play more than (3) three quarters of a game.

Accounting for playing time is done by each coach and done on an honor basis.

A major, NBN League emphasis is playing time for all players.

If a player shows up after the end of the first half, a coach is only required to play that player one full quarter of the remaining game time.

**COACHING** All coaches are volunteers, and must emphasize good sportsmanship at all times. Any coach who consistently harasses referees or shows inappropriate behavior towards the players/referees will be removed from the league. There will be no appeal process. Each coach is required to sign a NBN coach's code of conduct form prior to the start of the season.

During a game, each team is allowed only (1) coach and (1) assistant coach on the sidelines.

During a game, only one coach is allowed to stand in the coach's box and the other coach must remain seated on the bench with the players.

**FORFEITS** Teams not showing up within ten minutes of their game time, or within 10 minutes of the end of the game prior to theirs, whichever is later, will forfeit their game. A team may NOT start a game with less than FOUR players. However, if a team starts a game with four players and no other players show up and one of those players foul out, a team cannot finish the game with only three players.

**TIME OUTS** Each team receives four timeouts per game, plus one for each overtime period. Timeouts may be used at any time during the game.

**PRESSING** For the 6-8 Yr. old division, full court pressing is only allowed in the last 60 seconds of the game. If a team is ahead by 6 or more points in the last 60 seconds of the game, that team may not press.

All other times NO defense is allowed outside the 3 Point line.

9-10 Yr Old divisions, backcourt pressing will only be allowed in the last two minutes of the game. All other times, a team cannot press beyond the half court line.

If a team is ahead by 10 or more points in the last two minutes, that team may not press.

For the 11-12 Yr Old division, pressing is allowed at any time during the game. If at any time during the game a team is ahead by 10 or more points, that team may not press beyond the half court line. If that lead is cut to under 10 points, the opposing team may press again.

For the 13-14 and 15-18 Yr Old divisions, pressing is allowed at any time during the game. If at any time during the game a team is ahead by 20 or more points, that team may not press beyond the half court line. If that lead is cut to under 20 points, the opposing team may press again.

**PRESSING PENALTIES** The offending team will be given an initial warning of the violation. After the first warning, the opposing team will shoot two technical free throws and will do so for each violation occurrence for the remainder of the game.

**GAME BALL** A game ball will be provided by the NBN league and will be brought to the gym each week prior to the start of the first game.

The 6–8 Yr Old divisions will use a 27.5 youth size basketball.

The 9–10 & 11-12 Yr Old divisions will use a 28.5 women's size basketball.

The 13-14 & 15-18 Yr Old divisions will use a 29.5 regulation size basketball.

**GAME CLOCK** For each game, the home team is responsible for providing an official clock keeper. Parent volunteers are typically willing to help with this.

The game clock will stop for time outs, quarter end and dead balls called by the referee.

The clock keeper should be identified and standing at the scorers table prior to the completion of the game in progress. As soon as that game concludes, the clock keeper

should request training from the previous clock keeper if necessary.

NBN requires that the clock keeper volunteer be at least 18 years of age.

**Continuous Running Clock Rules**

6-8, 9-10 & 11-12 Yr Old age groups - If at anytime during the 4<sup>th</sup> quarter a team is leading by 20 or more points, the game clock will **run continuously** throughout the remainder of the game.

13-14 & 15-18 Yr Old age groups - If at anytime during the 4<sup>th</sup> quarter a team is leading by 20 or more points, the game clock will **run continuously**. If that 20 point lead is cut to 10 points, the clock will return back normal operation stopping on all dead balls.

**SCOREBOOK** For each game, the home team and visiting team are responsible for providing a scorebook keeper.

The home team scorebook is the official game book and any protests will be decided based on it.

The scorebook keeper should be identified and standing at the scorers table prior to the completion of the game in progress.

As soon as the game concludes, both scorebook keepers should immediately begin entering both teams roster information into the scorebook.

Coaches are asked to have a pre-typed roster with jersey numbers ready to provide to the opposing team as soon as the game in progress completes.

NBN requires that the scorebook keeper volunteer be at least 18 years of age.

**TOURNAMENT PLAY** NBN will conduct a single elimination post season tournament for each age division on the following the completion of the regular season league schedule. Seedings will be determined by the order of finish in the regular season. Only the 1<sup>st</sup> and 2<sup>nd</sup> place post-season tournament champions of each age division will receive trophies or medals.

**TROPHIES** NBN will be providing a 7" participation trophy for all kids ages 6-12 yrs old at the end of each season.

**JEWELRY RULE** No jewelry is to be worn by any player at any time while on the basketball court. This includes rings, earrings, bracelets, watches or necklaces. This applies to practices as well as games.(This is a safety issue)

**OVERTIME** If score is tied at the end of regulation, a maximum of (2) two minute overtimes will be held. If score is still tied at the end of second overtime, a jump ball will be held and the first team that scores will be declared the winner.

**Rules** - North Carolina High School Basketball Association rules are in effect for all leagues.

This will include the Free Throw lane rule. No one is allowed in the lane until ball touches rim.

When shooting free throws, the shooting team may only have two players on the block. The other team may only have four players on the block.

**DIVISIONS** - For the 2007 SPRING season, NBN hopes to have (5) five different age groups/divisions

6 - 8 Yr old division will represent the (Conference USA)

9 - 10 Yr old division will represent the (Big East Conference)

11 - 12 Yr old division will represent the (South Eastern Conference - SEC)

13 - 14 Yr old division will represent the (Atlantic Coast Conference - ACC)

15 - 18 Yr old division will represent the (National Basketball Association - NBA)

**Conference USA – (6 - 8 Yr Old)** Teams will play on 10' regulation baskets. Teams will use 27.5 Youth size basketballs. Fouls shots will be taken from the 13-foot line marked by tape in the gym. Games will consist of four, 8-minute quarters. A five-second lane violation will apply, using the 13-foot line and the regular lane boundaries.

Above noted pressing and overtime rules apply.

**There is no three-point shot and NO pressing outside the 3 point line except in the last 60 Seconds of regulation play in this division.**

**Big East – (9 - 10 Yr Old)** Teams will play on 10' regulation baskets. Teams will use 28.5 women's size basketballs. Fouls shots will be taken from the 13-foot line marked by tape in the gym. Games will consist of four, 8-minute quarters. A five-second lane violation will apply, using the 13-foot line and the regular lane boundaries.

Above noted pressing and overtime rules apply.

**There is no three-point shot and NO backcourt pressing until the ball crosses the half court line except in the last two minutes of regulation play in this division.**

**SEC– (11 & 12 Yr Old)** Teams will play on 10' regulation baskets. Teams will use 28.5 women's size basketballs. Fouls shots will be taken from the 15-foot free throw line.

Games will consist of four, 8 minute quarters. A three-second lane violation will apply.

Above noted pressing and overtime rules apply.

**Three-point shot is in effect in this division.**

**ACC– (13 & 14 Yr Old)** Teams will play on 10' regulation baskets. Teams will use regulation size basketballs. Fouls shots will be taken from the 15-foot free throw line.

Games will consist of four, 8 minute quarters. A three-second lane violation will apply.

Backcourt pressing is allowed at any time. Above noted overtime rules apply.

**Three-point shot is in effect for this division.**

**NBA– (15 & 18 Yr Old)** Teams will play on 10' regulation baskets. Teams will use regulation size basketballs. Fouls shots will be taken from the 15-foot free throw line.

Games will consist of four, 8 minute quarters. A three-second lane violation will apply.

Backcourt pressing is allowed at any time. Above noted overtime rules apply.

**Three-point shot is in effect for this division.**